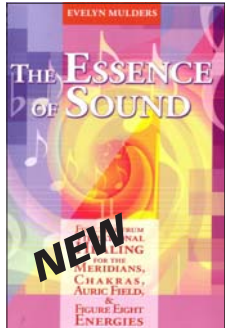




# EQUILIBRIUM'S

## Kinesiology Catalogue Supplement

[www.kinesiologyshop.com](http://www.kinesiologyshop.com)



### The Essence of Sound

by Evelyn Mulders

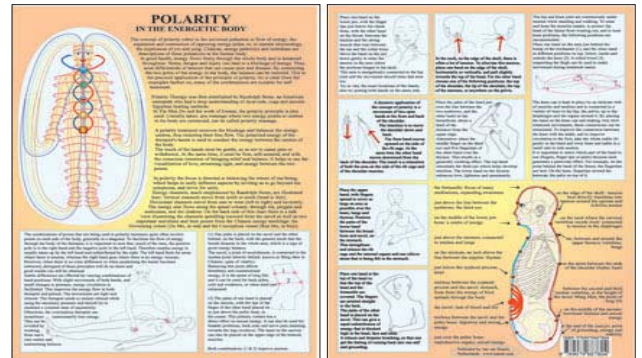
\$39.00

**Full Spectrum Vibrational Healing for the Meridians, Chakras, Auric Field & Figure Eight Energies**

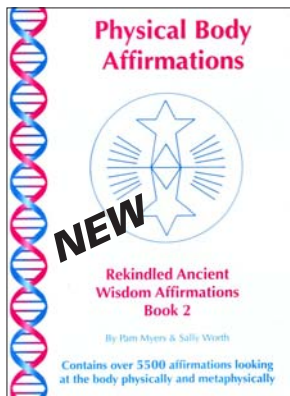
This beautifully presented book is an encyclopedia of sound & energy medicine by Canadian Kinesiologist Evelyn Mulders. Best described in the words of Donna Eden, world renowned Energy Medicine author: "The Essence of Sound is a welcome, comprehensive, and highly sophisticated guide to the body energy systems. It teaches one how to use sounds, herbs, crystals, aromas, colours & affirmations to orchestrate the energies of one's meridians, chakras, auras and figure eight energies, into a beautiful symphony. Beyond this, it integrates the body's complex energy systems into an encyclopedic guide we can all use and understand. I recommend it highly". Presented in paperback size but is colour coded for easy reference and coated wire bound for easy use. 350 pages.

### New A4 Chart Polarity in the Energetic Body

Double Sided Laminated A4 Desk Chart \$13



The concept of Polarity refers to the universal pulsation of energy - the expansion & contraction of opposing energy or poles. This chart contains brief descriptions and many of the polarity-massage points inspired by R. Stone and others. It shows use of both hands to balance these energies in the body. Many treatment combinations and description of possible effects are included.



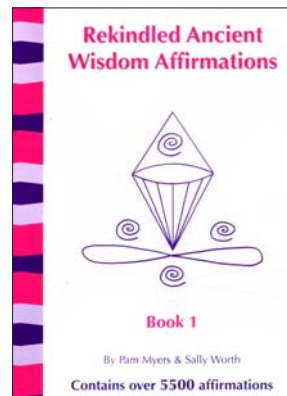
### Physical Body Affirmations

by Pam Myers & Sally Worth

\$38.00

**Book 2 Affirmation Manual from Rekindled Ancient Wisdom.**

After the huge success of the Rekindled Ancient Wisdom 5500 Affirmation book, Sally & Pam have released a Book 2, which contains Physical Body Affirmations only. As with their earlier book (now called Book 1 - see opposite column), the Physical Body Affirmations also contains over 5500 affirmations grouped page by page into the physical parts, or functions, of the body and their accompanying metaphysical affirmations. There are 140 topics with 40 affirmations per page.



### R.A.W. Affirmations

by Pam Myers & Sally Worth

\$38.00

**Book 1 Affirmation Manual from Rekindled Ancient Wisdom.**

The original 5500 Affirmation Book, with new cover & now called Affirmation Book 1 (content unchanged). This bestselling manual for Kinesiologists and health & wellbeing therapists contains affirmations grouped according to many common issues or themes such as: Suppressions, Fear, Forgiveness, Money, Addictions, Trusting, Letting Go, Grief, Birth & Death, Sexuality, Family, School etc. - 140 categories in all. One of the most popular clinical tools for emotional wellbeing, or for self use.



### OHM Sound Healing Tuning Forks

The Ohm Tuning Forks are manufactured to the sound frequency of the Universal Ohm vibration and overtones. Available individually or in sets. Accessories, CD's, Book & DVD also available on these wonderful Sound Healing tools. For more information contact us for a booklet or visit:

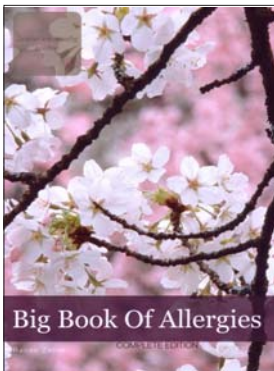
<http://www.kinesiologyshop.com/eqopohm.htm>

## Allergy Manuals for Kinesiology

### COMING SOON

Please register your interest by phone or email and we will contact you when available.

*These manuals have been produced by Queensland Kinesiologist, Raneë Zeller. After completing many hours of courses on allergies, Raneë found that the information did not present adequately for Kinesiology use. Consequently she has gathered and presented all the broad allergy information for specific use by Kinesiologists, students and interested people. Much of the information can also be viewed as scan lists. These manuals fill a huge void in the practical, clinical part of the Kinesiology field. They will save people significant time & money in researching or attending non kinesiology courses to gather the same information.*



### Big Book of Allergies

This manual is a comprehensive reference for all things under the topic of allergies. For the Kinesiologist and student it is full of scan lists and topics that can be covered when allergy balancing/testing with clients. Initially it includes explanations of allergies types, medical viewpoints & medical & natural testing, but the bulk of the manual

is made up of listings of all possible allergens categorised into various topics with some definitions. For example: Foods, Health & Beauty, Coeliac, Nut Allergies, Salicylates, Dairy, Food Additives, Chemicals, Pests, Airborne Allergens etc. For ease of use the manuals is fitted with coloured tabs.

### Kinesiology Tool Kit Vol. 1 (Allergies)

This manual is for experienced or proficient Kinesiologists and is a clinical protocol, formatted to be used in conjunction with the Big Book of Allergies above, though it is possible to use it alone. It offers pretests, kinesiology questions regarding specific allergies, correction strategies and sabotage checking.

### Vaccinations & Rec. Drugs Manual

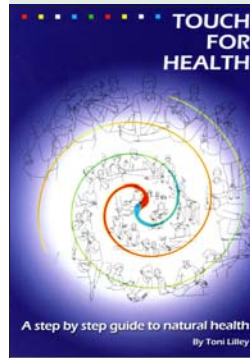
This manual contains the same info that is in Big Book of Allergies above, but has been provided in a reference by itself for those people interested only in Vaccination, Immunisation & Recreational Drugs, as they relate to allergies and reactions etc. Includes vaccination fillers & adjuvants, world wide vaccination list, reactions to recreational drugs & very comprehensive lists with descriptions. If you purchase the Big Book of Allergies above you need not buy this manual.

### Coeliac, Nuts, Dairy & Salicylates Manual

This manual contains the same info that is in Big Book of Allergies above, but has been provided in a reference by itself for those people interested only these 4 topics as they relate to allergies and reactions etc. Includes explanations, lists and descriptions. If you purchase the Big Book of Allergies above you need not buy this manual.

## Touch For Health Student Manual \$59

by Toni Lilley

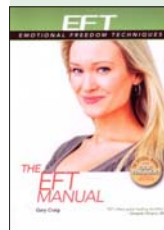


The modern text for the Touch For Health 1 to 4 courses in Australia. This new 2011 edition, updates what was previously the TFH Student Workbooks 1 & 2 (two separate manuals), now combining all the material into one text with clear diagrams & photographs, in full colour,

of all muscles tests and corrections as well as other peripherals taught in the TFH Series of workshops.

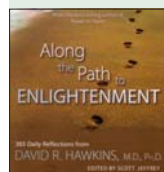
Spiral bound, A4 size

## The EFT Manual \$22



Handy 200 page, but almost pocket sized manual, for the Emotional Freedom Techniques (EFT), from the founder Gary Craig. Covers most areas of EFT including its science, basic recipes, case histories, impediments, shortcuts & tips and frequently asked questions. Most popular EFT book.

## Along the Path to Enlightenment \$19



### 365 Daily Reflections

NEW BOOK by David Hawkins founder of the kinesiology based 'Map of Consciousness'.

The spiritual teachings of David Hawkins on the nature of consciousness, spirit, and ego are known worldwide by students seeking to realize spiritual Truth. This collection of passages, carefully selected from Dr. Hawkins's extensive writings, offers readers a new contemplation for each day. Any one of these passages, fully understood, can elevate one's level of consciousness.

## The Brain Gym Activities CARDS \$55



This set contains high quality large cards for accessing the Brain Gym exercises. There are 26 cards of photographs of learners doing the Brain Gym exercises that can also be

coordinated with the Brain Gym Teacher's Edition manual. Like the book they are organised around four categories of activity:

The YELLOW cards are for the Midline Movements.

The RED cards are for the Lengthening Activities

The BLUE cards are for the Energy Exercises.

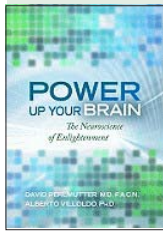
The GREEN cards are for the Deepening Attitudes Activities.

PLUS there are also 6 PURPLE cards left blank for one's own use.

Instructions and more details on each of the above groups are included.

**Brain Gym Teacher's Edition \$50 (new 2010 Edition)**

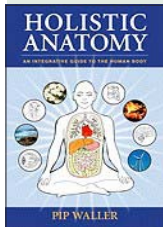
## New in General Books



### Power Up Your Brain \$33

The Neuroscience of Enlightenment  
by David Perlmutter & Alberto Villoldo

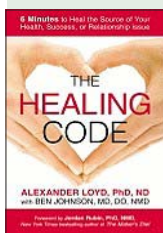
Don't let the style of title distract you from this book - it is brilliant. In the wake of new information coming out these days on the 'New Biology' and 'neuroplasticity' of the brain, this book, hot off of the press, ties up a lot of recent research and experience into a fascinating and very usable text. Two established authors combine their respective fields of neurophysiology and spirituality to produce a most practical, hands on and unique approach to improving brain function and quality of life. A lot of books go on about such things but this is the real deal in respect to joining cutting edge neuroscience and enlightenment for greater potential.



### Holistic Anatomy \$33

An Integrative Guide to the Human Body  
by Pip Waller

Holistic Anatomy presents an introduction to anatomy, physiology, and pathology that combines conventional concepts with wholistic principles based on spirituality, quantum physics, ecology, new biology and naturopathic medicinal systems. This makes the book quite unique - a fun, engaging & entirely relevant way to learn how the body functions. Great for those studying A & P or natural therapies, or for someone wishing to understand the workings of the human body from a wholistic perspective. Simple, yet informative, and cuts through the dry and boring presentation of other A & P texts.



### The Healing Code \$33

Heal The Source of Your Issues  
by Alex Lloyd & Ben Johnson

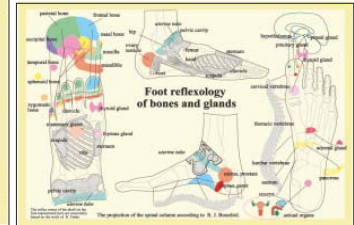
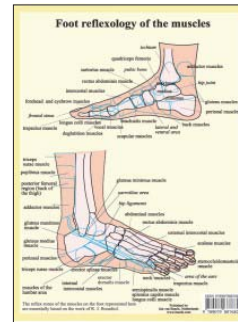
The Healing Code is your healing kit for life - to heal the issues you know about, and the ones you don't. In 2001, Dr. Alex Lloyd discovered how to activate a physical function built into the body that consistently and predictably removes the source of 95% of all illness and disease so that the neuro-immune system takes over its job of healing whatever is wrong with the body. His findings were validated by tests and by the thousands of people from all over the world who have used The Healing Codes system to heal virtually any physical, emotional, or relational issue, as well as realize breakthroughs in success.

His testing also revealed that there is a "Universal Healing Code" that will heal most issues for most people. In this book you will get that Universal Healing Code, which takes only minutes to do. The book also includes: The Seven Secrets of life, health, and prosperity The 10-second Instant Impact technique for defusing daily stress The Heart Issues Finder, the only test that identifies your source issues in a succinct personalized report.

## Best-Sellers Last Newsletter

### Foot Reflexology - Bones, Glands, Muscles \$13

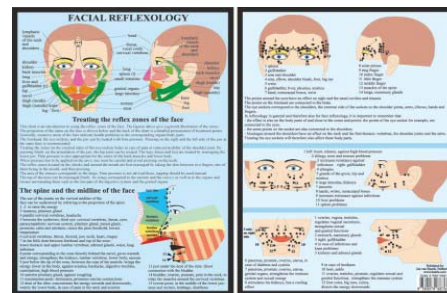
This chart is a trove for the advanced foot reflexologist. It contains little known material. The reflexology of the muscles on the foot is derived from material published by Bourdiola French neurologist. The reflexology of the skull in the toes had been described by



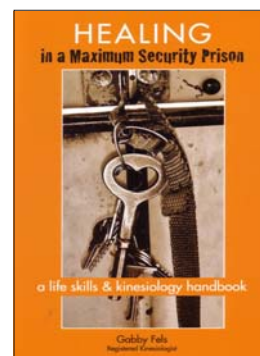
Fietta, a French naturopath. Furthermore a detailed reflexology of the skeleton and the glands on the foot.

### Facial Reflexology \$13

Facial reflexology can be used like foot, hand or ear reflexology, to ease pain and generally to heal and support healing energies. One side of this chart gives the zones of the face & which areas of the body are represented in them. The reverse side gives many points with specific



indications which are generally in line with the material presented on the front. The whole contains a wealth of material for those into facial work and reflexology.



### Healing In a Maximum Security Prison \$49

Kinesiologist Gabby Fels implemented a Kinesiology program in a prison in South Africa, which revolutionised the atmosphere to the extent where inmates themselves turned their energies to teaching the program to fellow prisoners. Gabby's book is not so much a story of the actual experience or events that took place in the prison, but a clear presentation of the concepts, practices & techniques used to achieve the end results. Ultimately it is a very in-depth and practical workbook that can be applied to any one's life as we are often 'prisoners' to the demands and stresses of modern living. It is very well set out and presented, and includes many photographs and diagrams.

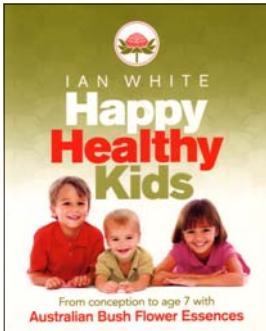
For more new A4 charts see first page plus ask for our New Charts 2010 brochure for A4, A3 & A2 charts to be emailed or mailed to you

## New from ABFE

### Happy Healthy Children \$30

New book by Ian White

from conception to age 7 with ABFE



Traces a child's physical & emotional development from pre-conception, through pregnancy and birth to age seven. Key issues are described along side easy to implement solutions. Also details how to handle a whole range of emotional challenges, from shyness & lack of self confidence to aggression. A very well set out and presented reference.

### Flower & Healing Meditations CD: Emotional Care & Wellbeing \$15

New CD by Ian White



Tune into the spiritual realm of Nature through these 2 meditations and discover your own inner healing.

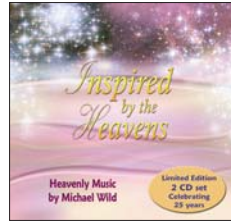
**Flower Meditation:** 14.44 minutes  
**Cleansing and Purifying Meditation:** 15.43 minutes

Each of these tracks have the background music of Ave Maria - Gregorian Chants sung by the Benedictine Nuns of Saint Cecelia's Abbey, UK. Both tracks are repeated without background music.

## New from Michael Wild

### Inspired by the Heavens

Limited Edition 2 CD set \$30



Celebrating 25 Years of 'Music Inspired by the Heavens'

This Limited Edition 2 CD set has been released to mark the 25th Anniversary of Michael's first ever album: "Celestial Sounds", from 1986.

#### CD 1: Ascending the Heavens (2011)

Michael's latest release: Beautiful, heavenly music for relaxation, sleep & dreaming, and traversing the heavens.

#### CD 2: Celestial Sounds (1986)

Michael's first ever album: Relaxing music with the Sounds of Nature. Celestial Sounds was one of the first ever Australian productions combining ambient music with nature sounds. It is still in circulation these days and is considered a 'classic' in the genre of relaxation music.

## DISCOGRAPHY

- Ascending the Heavens (2011)
- Sacred Geometry (2010)
- The Sound of Creation (2009)
- Dance of the Moons (2008)
- Colours of the Cosmos - The Nebulae (2008)
- Star Islands - The Galaxies (2007)
- Heavenly Spheres - The Planets (2007)
- Morning Light - The Sun (2006)
- Beyond Worlds (1994)
- Star Dreams (1991)
- Dream Journey (1987 - 1994)
- Celestial Sounds (1986)

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Please send me the 2011 Kinesiology Catalogue (tick box) <input type="checkbox"/>				<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;"><b>Order Value:</b></td> <td style="width: 50%;"><b>Post inc GST</b></td> </tr> <tr> <td>up to \$29 .....</td> <td>\$5.00</td> </tr> <tr> <td>\$30 - \$49 .....</td> <td>\$7.00</td> </tr> <tr> <td>\$50 - \$99 .....</td> <td>\$8.00</td> </tr> <tr> <td>\$100+ .....</td> <td>\$9.00</td> </tr> </table>	<b>Order Value:</b>	<b>Post inc GST</b>	up to \$29 .....	\$5.00	\$30 - \$49 .....	\$7.00	\$50 - \$99 .....	\$8.00	\$100+ .....	\$9.00
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