

Kinesiology Conference 2026



March 27th(evening), 28th, 29th

The Venue: We are pleased to announce that the **Amora Hotel Riverwalk, Melbourne** has been chosen to host the conference. Having undergone refurbishment and renovation, the Amora is a boutique 4.5 star hotel located on the banks of the Yarra River in Richmond. It is close to the city, approximately 40 minutes from the airport and well serviced by public transport. There is ample low cost onsite car parking for guests and conference delegates. Upon registering, you will be able to use the code provided to secure your room at a discounted rate.

Registration will open in a few weeks and you will be notified 24 hours beforehand. Registration fees are listed below on page 6.

Conference Start and End Times: The conference commences at 6pm sharp on the Friday evening (registrations open at 5pm) and concludes at 4pm on the Sunday. If travelling from interstate, return flights after 6pm would be ideal to allow you to see all the presentations.

Speaker Updates

- We are excited to welcome back **Marco Rado** from Italy, who returns to Australia for a second visit after a highly successful trip in 2017. Marco blends the principles of both Traditional Chinese Medicine (TCM) and Kinesiology, offering a distinctive approach to wellbeing.
- **David Bridgman** is a renowned pioneer in Australian kinesiology. David is known for developing cutting edge techniques that provide unique tools that significantly enhance consultations.
~~~~~
- Regrettably, unforeseen circumstances have led to the cancellation of Dr. Bruce and Joan Dewe's attendance at the conference. While they will be missed, we are fortunate to have **Sarah Gilmour Mayne and Terese Mudgway**, PKP ambassadors, presenting on their behalf.
- **Hugo Tobar** – TBC

Every effort has been made to ensure the accuracy of the information at the time of publication, however circumstances beyond our control may require alterations to speakers, topics and/or scheduling, therefore the program is subject to change without notice. We will do our best to keep you informed of any changes and appreciate your understanding.

## *Speakers and Topics* (in no particular order)



**Shauna Shaw**

### **Touch For Health 5 Element Balance in Action**

In this presentation, we will explore the value of the 5 Element Balance and then look at the therapeutic application of the colour balance. The Five Element colour balance is a technique that utilises the colours associated with the Chinese Five Elements - Fire, Earth, Metal, Water, and Wood, to balance the body's energies.

I will introduce a different approach to applying the 5 Element Colour Balance, using coloured materials where the client can move through the colours in Sheng and Ko cycle. Providing their own emotional interpretation of the colour in relation to the goal, this is a protocol developed in Japan, offering an alternative perspective to use within this ancient framework. With the client's involvement we clearly understand the emotional content specifically as it relates to them. The demonstration provides a self help technique for any further issues they wish to work on at home. Incorporating ESR, stress evaluation, colour balance in the five element Balance.



**Ian White**

### **Enhance Your Healing & Wellbeing**

At this conference I will demonstrate many ways in which the Bush Essences can be incorporated into and

assist the practice of Kinesiology including:

Clearing subconscious sabotage programs; how to test and balance the

Endocrine system; enhancing learning skills; clearing holes in the aura and

strengthening your psychic protection; a shortcut for balancing the basic TFH fourteen muscle test.

I will also demonstrate and teach a number of different Kinesiology tests to test and correct the following health issues:

- TMJ imbalances
- Ileocecal and Houston valves imbalances
- Hiatal hernia
- Retrograde lymphatics



**Julie Gunstone**

### **Educational Kinesiology: Movement Opens the Door to Learning**

Educational Kinesiology (Edu-K) means to draw out through movement. As a movement-based program it can be applied in many settings including clinics, schools, business, sport as well as being a valuable personal growth tool.

Edu-K is based on many years of clinical research dating back to the 1960's and is just as relevant today. It became known as a kinesiology modality in the 1980's

and continues to grow worldwide.

Let's take a journey through the development and application of Educational Kinesiology, exploring both how it can be used in clinic and as a self-development tool. Learn some practical strategies that you can immediately apply in your life and with your clients.



**Jennifer Beasley**

**The Importance of the Neural Bridge in Compromised Connections.**

A few years ago, many people endured the complexities of forced artificial intelligence inserted into their organic bodies. As a result, the connections between the muscular system and nervous system became compromised, but you would never know it unless you checked the neural bridge screening points. Know you are obtaining true and accurate feedback when these connections

have been challenged.

I will present a simple yet powerful approach to checking for and then reconnecting the nervous system to the muscular system to regain full accurate results for those with compromised connections.



**David Bridgman**

**The Voices in Our Head**

There is an area in our brain called the Wernicke area, and in the left hemisphere it is regarded as an important language centre.

But, for a long time, the function corresponding to Wernicke's area in the right hemisphere was something of a mystery. Professor Julian Jaynes Wrote a book entitled "The Origin of Consciousness in the Breakdown of the Bicameral Mind";

a groundbreaking book which shed light on the probable function of this area in the brain. In 1997 I developed a simple Kinesiology technique, the Wernicke Correction, to access and expose the function of this part of the brain, and a way of liberating ourselves from the subconscious influences of this previously mysterious area.



**Jacque Mooney**

**Simply the Next Step**

This presentation explores the rich evolution of LEAP and Applied Physiology - from the pioneering work that shaped its foundations to the innovative practices shaping its future. Attendees will discover practical, future oriented tools they can adapt to meet the changing needs of their clients while supporting their own professional growth.

Drawing on insights from a recent survey into the benefits of working online v in person, we will examine how delivery modes influence both practitioner and client outcomes.

When learning about the body anatomy, physiology, or types of imbalances, the focus is often on a specific muscle, gland or organ. This can create a tendency to zero in on a specific area that appears to be the 'problem' area for the client without looking at connecting the whole circuit e.g., the dynamic connections between the hypothalamus, pituitary gland, and body glands, along with their physical functions and the pathways that integrate them into a living, vibrant system.

Through the lens of muscle testing, energy balancing, and the body's innate responses to stressors, we will uncover how Kinesiology enables practitioners to move beyond surface symptoms, address deeper energetic imbalances, and create lasting pathways to holistic well-being.



**Gordon Dickson**

**Healing in Relationship: Transformative Couple Work in Counselling Kinesiology**

Relationship struggles are amongst the most common issues clients bring to kinesiology. Partnerships that once held so much promise can unravel into arguments, distance, and deep hurt. Beneath these struggles often lie critical attachment injuries, moments when partners expected support and instead felt profoundly let down. These wounds linger, often at different times and in different ways for each partner, quietly eroding the bond. Because we are hurt in relationships, healing happens within relationships too. Working with couples together offers a powerful opportunity for each partner to feel truly heard, understood, and supported by the other.

In this session, you'll discover how Counselling Kinesiology creates a safe, structured path for this healing, including the transformative Couple's Emotional Balance. This approach allows partners not only to repair their hurts, but also to nurture each other's deeper dreams, often shaped and stifled in childhood - creating the possibility of the empowering, connected relationship they have long been yearning for. For practitioners, it is a chance to witness love and connection reemerge in profoundly moving ways.



**Philip Rafferty**

**Testing for Magnesium Deficiency in Relation to Chronic Pain**

Autonomic nervous system (ANS) imbalance is implicated in a wide range of physiological dysfunctions, from chronic pain to digestive, cardiovascular and emotional disturbances. When the sympathetic nervous system is activated, fight/flight/freeze/survival states are produced. Magnesium deficiency ensues due to the production of adrenaline/cortisol.

Magnesium, often dubbed the "miracle mineral", is essential to human health and wellbeing. Despite its understated presence in popular nutrition discussions, magnesium plays a pivotal role in numerous physiological processes, and its deficiency can silently undermine vitality, cognition and resilience to stress.

In my presentation, we will explore the diverse functions of magnesium in the body and examine how muscle testing a specific set of key tests can be used to assess magnesium energetic deficiency.



**Marco Rado** (Internation Speaker, Italy)

**The Emotional Nexus: One Muscle Bridging All Five Elemental Emotions**

In the field of Kinesiology, it is well established that each muscle is associated with specific meridians. However, certain muscles, such as the Trapezius and Pectoralis, can be linked to multiple meridians. Interestingly, there exists a singular muscle related to all five elements. This muscle plays a pivotal role in our emotional wellbeing and is connected to the sternum, pericardium and diaphragm. By balancing this muscle, practitioners can engage in profound somato-emotional work, releasing deeply rooted emotional imbalances and fostering a renewed sense of emotional openness and resilience. I will demonstrate how to effectively balance this relatively unknown yet vital muscle, unlocking its potential for transformative emotional healing and growth.





### **Sarah Gilmour-Mayne and Terese Mudgway**

#### **The Money Mode**

Presenting Artis Emmerton's ICPKP Money Mode, we invite you to examine your relationship with money and the hidden narratives that shape your reality around it. As kinesiologists, we know how subconscious patterns drive behaviour, sabotage programs, and create hidden energetic ceilings, which often limit financial flow and abundance.

In this technique we will demonstrate how to uncover the hidden narratives, and how you can resolve and dissolve these blocks at different stages and ages and navigate the neuroscience and quantum fields which are at play in this kinesiology balance. In this ICPKP money mode we honouring kinesiology's legacy whilst innovating its future.



### **David Bridgman**

#### **Strange Things Inside Of Us And How To Balance Them Out**

We are all now carriers of Self Assembling Nano Particles that can be behind many stubborn health issues that may be incorrectly ascribed to "Viruses" or other more commonly identified contaminants.

The body doesn't have successful detoxification pathways for these unique foreign components which can be a source of chronic fatigue and a host of strange symptoms. Due to "Energy Harvesting".

I will be sharing a Kinesiology protocol developed to Target and Delete these foreign invaders which often results in profound improvements in many areas. This "Targeted Deletion" enables the body to Respond and Detoxify rather than "tolerate and accommodate" to subsequent ongoing exposures to this technology that we will be forever exposed to from here on in.



### **Michael Wild**

#### **Legacy and Innovation**

In this presentation, we will journey briefly through the annals of Australian Kinesiology, honouring the contributions of those who have paved the way. We will also examine the pivotal role that Kinesiology conferences have played, from bringing together people in the field, to facilitating networking and collaboration, and shaping the industry we know today.



### **Brendan O'Hara**

#### **Emcee**

Brendan brings his signature blend of infectious enthusiasm and humour to the conference as our emcee. On Friday evening, Brendan will open proceedings, setting the tone for a captivating and heartfelt experience that will leave a lasting impression on delegates. Throughout the conference, Brendan's quick wit, and his charming stage presence, will entertain us as he expertly weaves together the various threads of the program with his unique brand of warmth and personality.



## Registration Options

### ✓ Full Conference Ticket - Best Value!

**\$540 Early Bird** (until 30 November) then **\$585 Standard Price**

- Arrival tea & coffee
- Friday night presentations & social function (*purchase drinks at the bar*)
- Saturday & Sunday presentations
- Saturday night **Dinner Dance** with 3 course meal & live music (*purchase drinks at the bar*)
- Weekend lunches & refreshments
- Conference stalls access & conference journal



### Friday evening, Saturday & Sunday \$495 NO Dinner Dance

- Arrival tea & coffee
- Friday night presentations & function (*purchase drinks at the bar*)
- Saturday & Sunday presentations, lunches & refreshments
- Stalls access & conference journal



### Saturday & Sunday \$430

- Saturday & Sunday presentations, lunches & refreshments
- Stalls access & conference journal



### Single Day Pass - Saturday \$245 / Sunday \$230

- Nominated day's presentations, lunch & refreshments
- Stalls access & conference journal



### Dinner Dance for Partners/Friends Ticket - \$120

For those not attending the full conference but joining the Saturday Dinner Dance.

3 course meal & live music (*purchase drinks at the bar*)



**Most dietary requirements can be catered for**



**Registrations open in a few weeks.**

**We'll send you a reminder 24 hours before they open**

Payment plans will be available

## Calling Stallholders

If you are interested in having a stall at the conference, contact Franca for more information

[kinesiologyconference@outlook.com](mailto:kinesiologyconference@outlook.com)